## Autumn Lunch Menu



Week 1 01/09/2014, 22/09/14, 13/10/2014, 03/11/2014, 24/11/2014, 15/12/2014

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Hotpot, sliced potato & veg	Spaghetti Bolognese & mixed salad	Roast Pork, yorkshire pudding, gravy, roasties & veg	Beef Fajita in a Wholegrain Pitta & mixed salad	Salmon Fish Cakes, baked potato wedges & veg
V	Quorn Hotpot, sliced potato & veg	Spaghetti Lentil Bolognese & mixed salad	Vegetarian Sausage, yorkshire pudding, gravy, roasties & veg	Veg Fajita in a Wholegrain Pitta & mixed salad	Bean Cakes, baked potato wedges & veg
	Banana Muffin	Date Sponge & Custard	Fruit in Jelly	Raisin & Oat Cookie	Apple Crumble
	Fruit   Yoghurt	Fruit   Yoghurt	Fruit   Yoghurt	Fruit   Yoghurt	Fruit   Yoghurt

Bread is available with all meals | At least 3 Fruit & 3 Vegetable options will be served each week